

Inside Education

December 2015

WWW.ACEA86.CA

ALBERTA CORRECTIONAL EDUCATION ASSOCIATION
CONFERENCE **2016**

SAVE THE DATE
MARCH 2, 3, & 4, 2016 • BANFF, ALBERTA

JOIN A GROUP OF DEDICATED PROFESSIONALS IN BEAUTIFUL BANFF, ALBERTA FOR THREE DAYS OF SHARING, LEARNING AND EDUCATION



THEME
2016 **HEALTHIER MINDS
BRIGHTER FUTURES**

WHO: EVERYBODY IS WELCOME

WHERE: BANFF PARK LODGE, BANFF, ALBERTA

WHEN: MARCH 2, 2016 (CHECK IN BEGINS AT 4PM, COCKTAILS AT 5:30)
MARCH 3, 2016 (ALL DAY)
MARCH 4, 2016 (ENDS AFTER LUNCH AT NOON)

REGISTRATION NOW OPEN

FOR MORE DETAILS REGARDING REGISTRATION, THE CONFERENCE AND OUR ORGANIZATION, PLEASE VISIT OUR WEBSITE - WWW.ACEA86.CA

Conference Registration Fee: \$385
(Group discount of seven registrations for the price of six available)
Registration includes all meals (except Thursday evening) and ACEA Membership

Accommodation:
Location: BANFF PARK LODGE (Toll Free) 1 800 661 9266
Rate: \$136.00 (+ 11% tax) per night, Single or Double Occupancy
Quote Group ID# 23851 for this rate
Note: Accommodation Deadline February 2, 2016
Registration forms are available at www.acea86.ca

Inside Education is the newsletter of the Alberta Correctional Education Association.

The newsletter is published two or three times a year, and submissions are always welcome.

The ACEA is a professional organization facilitating the educational needs of the incarcerated;

The ACEA strives to broaden professional horizons and interdisciplinary interaction of all personnel involved with correctional education;

Texts published in Inside Education express the views of their authors and do not necessarily represent the views of the ACEA, its executive, or the editor.

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2016 Conference Speakers

Thursday, March 3, 2016

Daniel Gallant

Exit Strategies and De-Radicalization

Daniel Gallant is a current Juris Doctor (Law) student and is a BC Social Worker with an established practice base within helping fields and research; with a strong understanding of complex policy issues revolving around institutional/cultural discrimination. His research on disengagement from right wing extremism, and the role that institutional racism plays within violent right wing extremism, was partially funded through Public Safety Canada and has since proven to have both academic and practice based applications. Daniel's international publications include academic journal(s), literary journal(s) and freelance pieces. Daniel volunteered for as a consultant, member steering committee member, coordinator and film subject for the Extreme Dialogue initiative. As the Director of Exit Canada, a non-profit that assists individuals to leave violent extremism, Daniel has worked with youth in Canada as an interventionist, exit strategist and de-radicalization counsellor within schools, youth corrections and throughout Canada; this work has been facilitated without any funding whatsoever.



Dr. Cynthia Baxter

Personality Disorders

Dr. Cynthia Baxter is a well-known forensic psychiatrist and award-winning teacher. She completed her Medical Degree (with Distinction) in 1999 at the University of Alberta and then her Psychiatry Residency and Forensic Training at the University of Calgary. She is board certified in both Canada and the United States. She has been assessing and managing violent offenders and sex offenders for the criminal justice system, law enforcement, and the health care system since 2002. She has served as an expert witness in court around issues of violence, mental health, risk assessment, personality disorders, and psychiatry (both forensic psychiatry and general psychiatry). Dr. Baxter has been the recipient of numerous awards for teaching medical students, other physicians, and a variety of other professionals.

Rob Cardinal

Personality Disorders

Rob Cardinal is a Research Associate in planetary science at the University of Calgary. He is dedicated to helping First Nations students achieve their own success, and has recently teamed up with various Non-Profit groups in Calgary to promote a Stay In School Initiative to help Aboriginal youth finish high school and get into post secondary education. Rob is currently founding the First Light Initiative, which will install telescopes in First Nations communities as educational instruments to invigorate Aboriginal youth to succeed.

Rob was adopted off the Siksika Nation Blackfoot reserve in Southern Alberta as an infant, and was raised by a single mother in Edmonton and Rocky Mountain House. Rob was a high school dropout who eventually overcame poverty, substance abuse, and a major depression in his youth allowing him to eventually complete his Bachelor of Science degree in Physics and Astronomy at the University of Victoria in 2000. He currently lives in South Calgary with his wife and two sons.



2016 Conference Speakers

Friday, March 4, 2016

Marni Panas

Exit Strategies and De-Radicilization

Marni Panas is married to a wonderful woman, Laurina. Together, Marni & Laurina are proud parents to two special boys. Marni is an Engagement & Patient Experience professional with Alberta Health Services and has dedicated her career to the improvement of experiences for patients their families and staff. She has recently received her Bachelor's degree in Health Administration and is currently working towards her graduate degree.

Marni is a transgender woman who has completed her transition socially and professionally on April 8th, 2014. She has been very transparent throughout her journey in the hopes of fostering acceptance through education and respectful dialogue.

Marni has been invited to share her experiences and expertise in community engagement, facilitation, Patient & Family Centred Care, loss, and inclusive health and cultural safety for LGBTQ* patients and their families locally, nationally and internationally. She is a regular lecturer at Edmonton's universities. She has consulted with the City of Edmonton, City of Red Deer, Edmonton Police Service, MacEwan University, local school boards, community services organizations, health care professional colleges and societies, corrections facilities, corporations, and other institutions on public engagement and development of inclusive spaces and services for our diverse population. She often appears in local print, radio and television media discussing a variety of topics that affect the community in which she lives. She appeared regularly as a member of the CTV Morning Live (Edmonton) political panel and currently appears as a member of the CityTV (Edmonton) Dinner Television parent panel.

As an engaged member of her community, she received the Human Rights award from the John Humphrey Centre for Peace and Human Rights, has recently been nominated as an Edmonton YWCA Woman of Distinction and named a Camrose Composite High School Alumna of Distinction for her commitment to creating a community where diversity is not only accepted, but celebrated. A community that is safe for others to be their authentic selves.



Adrian LaChance

Cultural Awareness and Healing

Adrian LaChance is a Plains Cree from James Smith Cree Nation in Saskatchewan and has been a helper for 20 years in regards to cultural awareness & healing through song & dance. Mr. LaChance has traveled throughout the world sharing the traditional teachings of the elders to bring people together in a good meaningful way.

Stacey Bourque - HIV Connection Lethbridge

Fentanyl

Stacey will present on Fentanyl, other opiates, depressants and stimulants. She will focus on overdose prevention, recognition and response. Stacey will also speak on the new Take Home Naloxone Program that has been introduced on the province as an attempt to curtail the alarming rate of Fentanyl related overdose deaths in Alberta.

Your ACEA Board

The members of the ACEA board remain committed to producing a high-quality annual conference. If you are interested in becoming a part of this team as an executive member or regional representative, feel free to contact us for more information.

If you have any questions regarding the ACEA, suggestions for the upcoming conference or contributions for the newsletter, please don't hesitate to contact your local ACEA representative.

President	Jamie Barrow jamie.barrow@gov.ab.ca
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Message from the Editor

I'm pleased to publish the latest edition of the Alberta Correctional Education Association's newsletter. With the proposed closing and reopening of the Calgary Young Offenders Centre, tough economic times and a federal and provincial election, it has certainly been an interesting year. As the year closes, we're happy to see that most of our members made it through the crunch and look forward to seeing all of you again in March.

We at the ACEA are very excited to announce that planning for the 2016 annual ACEA conference is nearly complete. This year has been a year of uncertainty for us as well. We are particularly happy to be able to host a conference this year because the fallout from the spring 2015 provincial budget would have had a big impact on our numbers, and for a time, we weren't sure that we would even be able to hold a 2016 conference. Hopefully, we will enjoy a little more stability in the next few years so we can continue on as usual.

For more information regarding this year's conference, please take a look at the teaser flyer and speaker list in this newsletter. You can also find more information on our website - www.acea86.ca, our Facebook page - Alberta Correctional Education Association, and our Twitter account - @ACEACanada. Please note that we are now accepting conference registrations. Registration forms can be found on our website and the last page of this newsletter.

This edition of Inside Education largely features student poetry and artwork contributions. These contributions can be found on pages 5, 6 & 7 of this newsletter. Page 7 also includes a spotlight on a few of the programs offered to offenders around the province. If you would like to highlight a program or project you run at your centre, please don't hesitate to let me know about it. If I get enough submissions, I'd like to make this a regular feature in Inside Education.

As always, I am looking for interesting articles and contributions for this newsletter. If you've recently written or come across any interesting articles that you think would fit in our little publication, please forward them on to me. Please include a signed permission form with any of these submissions.

Regards,

Cobern Whitehead

Message from the President

Welcome Colleagues and Friends.

Thirty years ago various educators and programmers throughout our department decided to come together and create what we know and love as the Alberta Correctional Education Association. We are dedicated to the academic, vocational and personal development of those incarcerated and to the professional enhancement of the association members. To put it simply; we believe that everyone has the potential to learn and grow.

I strongly believe that over the years we have made a difference in changing lives. Our conference theme for 2016 is "Healthier Minds, Brighter Futures". Correctional education and programming has never been more important. It is the cornerstone for the offender's rehabilitation and re-entry back into society. Those in custody who put an honest effort into programming and education are less likely to revert back to criminal conduct. We do not lock people up and throw away the key. We have to remember that sooner or later those in custody will be released back into society.

We have seen many changes and new innovations over the years as both education and programming evolve. The future will be challenging especially when dealing with overcrowding, mental health concerns, addictions and difficult budgets. But the research is clear, correctional education and programming is cost effective and it works. The numbers may vary but the end result is correctional education plays a big role in reducing recidivism. Thereby keeping our communities safe and ensuring those that are released have a better opportunity to become productive citizens.

There is a lot of work that goes on behind the scenes throughout the year. I want to thank the board for being energetic, active and determined to bring the best conference possible. This is a great learning and networking opportunity for all of us. I also want to thank each and every one of you for attending and for the interest you have shown. Together we are stronger and more powerful.

I look forward to seeing you all in March. If you have any questions, suggestions or general feedback, please feel free to email me at jamie.barrow@gov.ab.ca

Sincerely,
Jamie Barrow
ACEA President

Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome"
Booker T. Washington

Healthier Minds D.K. Edmonton Remand Centre

A healthier mind requires education
Along with this a vision
To transcend tough situations
Truly a life-long mission

They need more than words
After 3 O'Clock
It's not what they've heard
It's what they've watched

When walls are built and feelings are hurt
A fork becomes apparent
Kids who are made to feel like dirt
Go down the road that's bent

It's not what they've seen
It's what they've felt
It's where they've been
When no one helped

When doors slam shut
And doors are locked
They need more love
They need to talk

A teacher's role is serious
And noble to a cause
It opens doors to the curious
Empowering us all.

Offender Contributions

Power

P.J.
Edmonton Remand Centre

As we sit in jail counting the days,
Instead of making them in many ways,
Like signing up for programs with certain teachers,
Playing the game, not sitting in the bleachers.

Thinking of losses, guilt, and self-wallow,
Anger management with an instructor named Paolo.
So I've been taking classes
In just this last week

Some lessons: not to be asses,
Think, and turn the other cheek.
And in futuristic situations,
To train your brain with contemplations,

So train your emotions & hold 'em back,
And put your intellectual mind back on track,
Let's get into the books & start to learn
And quit slingin' mitts and drugs to earn.

An advantage in a certain way,
With tiny tweaks towards big change,
Never to flip it upside down,
Just a little to rearrange can be found.

Not to beat around, it's just meant,
Using my rhymes to voice and vent.
Sharing a lesson an exciting thrill,
A feeling of progress not found in a pill.

Musical inclination is very rare,
A producer, instrumentalist, entrepreneur if I dare.
Fake it till I become it gets overly funny,

Hello

F.D.S
Calgary Correctional Centre

Hello to a new day.
Wake up and say Hello.

Be the one to show all
That it's a great day
By saying Hello.

Create Sunshine, even
On a cloudy day
With a simple Hello.

Become a fireworks
Display of happiness
With a simple Hello.

Joy is in all of us
It shines brightest
When you say Hello.

Untitled M.T. Edmonton Remand Centre



Offender Contributions

Locked Up

C.L.C.
Edmonton Remand Centre

I know I am going to be locked up for a while.
It's time for count, I have to go show a fake smile.
I look to my left and my right. We all stand single file.
I sit in my room thinking, how did I let it get this far?
I know I am going to be locked up for a while.
As days go by, the nights get colder.
I toss and turn, wishing I had your shoulder.
The pain in my heart, the memories we once shared
Are starting to get older.
I know I am going to be locked up for a while.

Spotlight on Programming

Christmas Literacy Project

Calgary Correctional Centre

Since 2011, Bow Valley College and John Howard Society staff at Calgary Correctional Centre has been running a special literacy project over the holiday season. The Christmas Literacy Project allows incarcerated fathers to record themselves reading a book to their children. The recording and the book are then wrapped and mailed to the children in time for Christmas. In the past four years, this project has become increasingly popular with the population at the Calgary Correctional Centre - this year, almost 30 inmates (around 10% of the centre population) applied for the project, and over 40 books were gifted to their children.



Aboriginal Studies Ed23

Calgary Young Offender Centre

Students in Aboriginal Studies are involved in an experiential way of teaching and learning where through stories, visuals, Smudge, guest presenters, Sweat Lodge, film, and "making" we learn about culture, government, and worldview pre-contact, during, and after contact with Europeans. We continue to examine issues important to First Nations and Metis communities by discussing some current events of interest to students, most recently the stance of the political parties on Aboriginal issues in the Federal Election.

Walter, our Aboriginal Resource will continue to offer opportunities for smudges, Sweat Lodges and is in the process of organizing this opportunity for the girls in the next month. He provides guidance and humor in our teaching and learning together, so we always look forward to his visits. Stacey, our Aboriginal Learning Leader CBE Area I, guided some simple Traditional Games and in the next months will lead some lessons on Earth Science and Beading, with help from her teaching partner Barb. There may also be an opportunity for some students to participate in future assemblies. We look forward to achieving our class goal of having at least 50% of our students complete the five credits by Christmas.

Untitled

L.C. & C.O.
Edmonton Remand Centre

Don't care of the moment's stolen
Cause up on these here bright lights
Heaven's way up high blue skies
A momentarily each mind sketched up
Heaven every morning still awaits us
Exceptionally beautiful
These bright installed big lights occupy
Only for the moment stolen
Don't care to ever erase visioned beauty
Don't gotta chase of steal something
To have this beautiful, free nothing, we can
And if only even just once
Did arise as equals in comfort knowing
Once even, the moment's inner stolen beauty
The better, brighter and bigger best picture
It's freely given to us as our kingdom
Of new and learned beauty
It we realize, it carries us, challenges us
And why not?
Criminally within described as beautiful
These stolen moments



"Healthier Minds, Brighter Futures"

Banff Park Lodge, March 2, 3, 4, 2016

NAME _____

POSITION _____

WORKPLACE _____

SPONSORING ORGANIZATION _____

MAILING ADDRESS _____

City/Town _____ Postal Code _____

PHONE _____ FAX _____

EMAIL ADDRESS _____

Conference Registration Fee: \$385.00 Cdn per person
For every 6 registrations from the same work site, the 7th would be free)

***Includes all meals (except Thursday evening) and,
ACEA Membership of \$30.00***

***Send completed registration forms and payment of
cheque or money order made payable to the
"Alberta Correctional Education Association" to:***

***Jeff Korchinski
West View School
12626 – 85 Street NW
Calgary, AB T3R 1J3***

CONFERENCE CONTACT: *Jeff Korchinski*
Phone: 403.662-3547 Fax: 403. 777-7629
Email: jwKorchinski@cbe.ab.ca



Accommodation:

Location: BANFF PARK LODGE (Toll Free) 1 800 661 9266

Rate: \$136.00 (+ 11% tax) per night, Single or Double Occupancy

Quote Group ID#23851 for this rate

Note: Accommodation Deadline February 2, 2016

Alternative Accommodation:

Location: BOW VIEW LODGE (Toll Free) 1 800 661 1565

Additional Meal Requirements:

Indicate any ADDITIONAL meals required by your guests:

Wednesday Banquet \$52.00 ea _____ Friday Breakfast \$20.00 ea _____

Thursday Breakfast \$20.00 ea _____ Friday Lunch \$25.00 ea _____

Thursday Lunch \$25.00 ea _____

Where Did You Learn About This Conference?

Previous Attendance _____

Website _____

Newsletter _____

Other _____

Name of Source _____