

Inside Education

December 2017

WWW.ACEA86.CA

ALBERTA CORRECTIONAL EDUCATION ASSOCIATION
CONFERENCE 2018

SAVE THE DATE
Feb 28 & Mar 1 & 2, 2018 • BANFF, ALBERTA

JOIN A GROUP OF DEDICATED PROFESSIONALS IN BEAUTIFUL BANFF, ALBERTA FOR THREE DAYS OF SHARING, LEARNING AND EDUCATION



THEME
2018 **LEADERSHIP:
LIVE AND LEARN**

WHO: EVERYBODY IS WELCOME

WHERE: BANFF PARK LODGE, BANFF, ALBERTA

WHEN: FEBRUARY 28, 2018 (CHECK IN BEGINS AT 4PM, COCKTAILS AT 5:30)
MARCH 1, 2018 (ALL DAY)

MARCH 2, 2018 (ENDS AFTER LUNCH AT NOON)

FEE: \$400 - SEE ATTACHED FORM FOR MORE DETAILS

REGISTRATION NOW OPEN

FOR MORE DETAILS REGARDING REGISTRATION, THE CONFERENCE AND OUR ORGANIZATION, PLEASE VISIT OUR WEBSITE - WWW.ACEA86.CA



Inside Education is the newsletter of the Alberta Correctional Education Association.

The newsletter is published two or three times a year, and submissions are always welcome.

The ACEA is a professional organization facilitating the educational needs of the incarcerated.

The ACEA strives to broaden professional horizons and interdisciplinary interaction of all personnel involved with correctional education.

Texts published in Inside Education express the views of their authors and do not necessarily represent the views of the ACEA, its executive, or the editor.

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2018 Conference Speakers

Thursday, March 1, 2018

Roger Brown

In the Unlikely Event

Roger spent 36 years in the RCMP and retired as the commanding officer for the province of New Brunswick. His career took him across Canada and abroad where he worked in a variety of disciplines: General Duty, Federal Enforcement, Drug Enforcement, Academics, Human Resources and VIP Protection.

He was vested as an Officer of the Order of Merit, a recipient of the Michelle Comeau Award for Leadership and recently named as one of Canada's 150 Difference Makers for Mental Health. He and Deborah Ann spend their time between their retirement home in New Brunswick, their family home in Cape Cod and aboard their 37ft Lord Nelson Victory Tug.



Iman Gatti

Shifting Perceptions and Changing Lives



Iman Gatti was born and raised in Edmonton, Alberta to immigrant parents who moved to Canada from Tunisia, North Africa. She is a first generation Canadian and extremely proud of her heritage and the opportunity her parents have given her by immigrating to Canada to raise their family.

Two months before her seventh birthday, Iman witnessed her father brutally murder her mother.

Iman's father was sentenced to 25 years in prison and Iman was put into foster care. She spent the next 12 years living with four different families in 10 different homes and attended 10 different schools.

Throughout her life, Iman has suffered deeply from Post-Traumatic Stress Disorder (PTSD), Depression and Anxiety. These conditions were magnified by the physical, sexual and emotional abuse she endured while in foster care.

Upon reaching adulthood, Iman knew she needed to make a choice to either allow her circumstance to rule her or to create the fulfilled life she desperately longed for. After investing in years of education, therapy, counseling and coaching, Iman has been able to create a life filled with success, happiness, abundance, gratitude and forgiveness.

Iman has studied with her mentor and friend, Gabrielle Bernstein and completed her Spirit Junkie Masterclass Levels 1 & 2. She is also a Gabrielle Bernstein Referral Coach. She holds a Courageous Living Coaching Certification and is a Certified Grief Recovery Specialist with the Grief Recovery Institute.

Today, Iman is a transformational speaker, empowerment trainer, published author and Certified Grief Recovery Specialist. Her memoir, "Cracked Open – Never Broken" was published November 2017. Through sharing her own story of trauma and triumph she hopes to inspire the lives of others and spark the possibility for greatness that lies within us all.

Dr. Carolyn Eggleston and Dr. Thom Gehring

Connecting Correctional Education Theory and Practice

Professor Emeritus Carolyn Eggleston has a Ph.D. in Urban education with an emphasis in Correctional Education. She worked as an academic diagnostician, principal, and statewide supervisor in prisons in Virginia. Dr. Eggleston coordinated a master's degree for special educators working in prisons in New York and has been as a faculty member at CSUSB since 1991. She, along with her husband, Dr. Thom Gehring, created the Centre for the Study of Correctional Education. Dr. Eggleston has authored and/or coauthored over 55 articles and book chapters. She co-authored 2 books on correctional education. For the past 10 years she has been involved in reentry work for returning prisoners. She administers parolee re-entry multi service centres called the Cal State Reentry Initiative.



Dr. Carolyn Eggleston and Dr. Thom Gehring (Cont.)

Connecting Correctional Education Theory and Practice

Thom Gehring, Ph.D. (dissertation in correctional education), professor emeritus, began teaching in a New Jersey prison in 1972, and has worked continuously since then in several U.S. states, with consultations in many other states and abroad. Thom also served as a counselor, assistant superintendent of schools, researcher (93 articles, 5 books), and program evaluator. Along with his wife, Carolyn Eggleston Ph.D., He served as a founding director of the Centre for the Study of Correctional Education at California State University, San Bernardino, and helped establish a system of parolee schools around San Bernardino. They both serve on the Journal of Prison Education and Re-entry Executive Board.

Kelly Fagan

Alberta Corrections Peer Support Program

Kelly has spent over 30 years in Corrections and has worked in both Adult and Young Offender Centers. Kelly started my Career in 1986 at the Edmonton Remand Center as a correctional officer and his career took him to the Edmonton Young Offender Center, the new Edmonton Remand Center and finally to the Fort Saskatchewan Correctional Center. In his 30 years in corrections, Kelly has worked in a variety of roles including Correctional Service Worker, Tactical Team Leader, Assistant Deputy Director and now, finally, Deputy Director of Operations. In 2013 while at the new Edmonton Remand Center Joe Burrows and Kelly saw the need for a program to help staff members in their time of need. This was the catalyst for the Corrections Peer Support Program.



Kerry Suave

Understanding Gangs: A Law Enforcement Perspective

Kerry is a veteran Correctional Peace Officer with over 20 years of front line experience working with gang members. Part of his portfolio is providing gang prevention and intervention programs to the youth incarcerated in the facility where he works. A second service Kerry provides is facilitating gang awareness training for community partners, law-enforcement and the public. Kerry has also spoke on gangs at numerous national and international conferences on gangs and youth crime.

Friday, March 2, 2018

Keith Seel

Walking Beside: Reflections on Indigenization

Dr. Keith Seel is the Dean of the Centre for Excellence in Foundational Learning at Bow Valley College. He is responsible for all of the academic upgrading programs, covering the K-12 span, for adults looking to improve their skills. Keith is part of the leadership team working on an Indigenization strategy for the College. As well he has been engaged in the processes to improve Aboriginal Upgrading courses and to create relationships with Indigenous post-secondary institutions in Alberta. Formerly, he was the Director of the Institute for Nonprofit Studies at Mount Royal University and worked in the nonprofit sector. Earlier in his career, Keith taught at the Calgary Young Offender Centre for four years and was a member of the Alberta Correctional Educators Association.



Darcy Pennock

Tactical Communications

Darcy Pennock was certified as a Verbal Judo instructor by the University of North Florida in 1999. Darcy provided tactical communications training to staff and students at the University of Alberta for the following 6 years. In 2005, Darcy was appointed Director, Verbal Judo Canada. Today, Darcy also travels from coast to coast providing Verbal Judo courses to all levels of government, law enforcement, educators, and healthcare professionals. He also travels extensively across the Yukon, NWT and Nunavut. Under Darcy's direction, Verbal Judo Canada now has offices in Edmonton, Ontario, Atlantic Canada, and shortly Quebec. Darcy received a Police Science diploma from MacEwan University in 1987 and then graduated from the University of Alberta in 1992 with a B.A. (Criminology) degree. Darcy has worked as a Peace Officer for twenty years. He currently resides in Edmonton with his wife and three children (and a dog named Buddy).

Your ACEA Board

The members of the ACEA board remain committed to producing a high-quality annual conference. If you are interested in becoming a part of this team as an executive member or regional representative, feel free to contact us for more information.

If you have any questions regarding the ACEA, suggestions for the upcoming conference or contributions for the newsletter, please don't hesitate to contact your local ACEA representative.

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Message from the Editor

Poof! It's December once again, and I'm happy to present you with the 2017 edition of Inside Education.

We at the ACEA are gearing up for our 32nd annual conference. Keeping an organization like this going and holding an annual conference for 32 years is no small feat, so I'd like to pass on my thanks to ACEA board members, both past and present, who volunteer(ed) their valuable time to make this event happen every year.

This year's conference is titled Leadership: Live and Learn. As usual, our speakers come from diverse backgrounds and will cover topics from Verbal Judo to corrections peer support to best practices in correctional education (for all your teachers out there).

For more information about our conference, check out our save the date notice on page one of this edition. The following three pages feature speaker bios. Also remember that you can find us online at www.acea86.ca, like us on Facebook at Alberta Correctional Education Association, or follow us on Twitter at @ACEACanada. Conference registrations are now open. If you'd like to come, you either send in the form included with this newsletter or get the forms online at www.acea86.ca.

In addition to introducing this year's speakers, this edition of Inside Education features new construction, program spaces and programs at Calgary Correctional Centre. These program spaces are unique as they were funded through cooperation between SAIT and Mount Royal University and built by SAIT staff and offenders in the carpentry program here at CCC. Check out Lorell Thom and Emery Ewanyshyn's article on page five for more details. CCC has also opened an etching program. Check out the short write-up on page 6 for information on this. Finally, Cooking in the Klink returns with a recipe for chocolate banana cake (or chilled desert, depending on the availability of an oven).

As always, I am looking for contributions for the next newsletter. It would be fantastic to be able to feature articles, programs and developments from centres other than my home base at CCC. If you have any student work or come across any articles related to correctional education, please consider becoming an Inside Education contributor.

Cobern Whitehead

Collaboration - The Art of Making Good Things Happen

Lorell Thoms and Emery Ewanyshyn - Calgary Correctional Centre
 Photo Credit - Tet Millare

Collaboration could be defined as the action of working together to produce or create something new or different.

Armed with a need, a vision, a lack of resources, and a belief that anything is possible, Deputy Director of Programs at Calgary Correctional Centre Emery Ewanyshyn set out on a mission to construct a new Chapel. In order to do so, and after watching the movie "Lilies of the Field" a number of times, he realized that many hands and contributors would likely be required for it to have any chance of success.

As a result, Calgary Correctional Centre (CCC) witnessed collaboration at its best in 2017 with the construction and resourcing of two new program spaces in the Central Activity Area – the Centennial Chapel and the Royal Room. These two new spaces were developed via a joint venture between the CCC Programs Department, Southern Alberta Institute of Technology (SAIT), Mount Royal University (MRU) and Alberta Infrastructure.

The Centennial Chapel, named for SAIT's 100th anniversary celebration in 2017, is a multi-faith space dedicated to spiritual services for offenders at CCC. SAIT provided funding for the overall project which was coordinated at the centre level by the carpentry program instructors. It was built to offer solace and support for offenders needing to heal, and perhaps, find a new path.

The Royal Room, named for the funding contributions from MRU is a classroom space dedicated to educational services, personal development and employment skills programming for offenders.

With permission from Advanced Education, MRU was able allocate funding to resource the spaces for educational items such as white boards, storage units, TV/DVD equipment as well as funding for the offender mural which is displayed prominently on the wall in the Centennial Chapel.

The large wall mural combines 72 canvasses of quarter circles, painted by offenders to symbolize their ideas of hope, faith and healing. Each canvas was combined into the larger mural and arranged to symbolize additional ideas around unity, inclusion and working together.

Both spaces were built by SAIT carpenters supervising and instructing offender labour. This project supported the CCC carpentry program in teaching tangible and transferrable employment skills such as: framing, drywall taping, mudding, sanding and painting. Over 1000 hours of offender labour/skills building and cooperation brought this project to fruition, resulting in a new chapel space and a new classroom at CCC.

A model of vision, perseverance, hard work, and believing to be sure!!



Etching Program Lorell Thons - CCC

Along with the classroom resourcing at CCC came a new laser etching machine program. It has been added to the Bow Valley College Sew Shop Program, and so far, the offenders are enjoying being part of this process. With the SAIT carpentry shop helping to create wood plaques and bases, we are starting to see some really wonderful products coming out of their hands. In addition, we are launching a plaque and hardwood drop-off/recycling program. Please contact Lorell Thons or Jon Hurdman at (403)662-3712 for further details on this project.



Cooking in the Klink - Jailhouse Style Banana Chocolate Cake

Cobern Whitehead & Richard H.

The following recipe falls on the more advanced end of prison food preparation. If you attempt to make this on your own, please make sure you follow all safety notices and warnings.

Ingredients:

- 20-30 Slices Dried Bread
- 10-12 Bananas
- 6 Individual Packs of Brown Sugar and Maple Oatmeal
- 10 Single Serve JIF Peanut Butter Packs (Or Similar)
- 8 Single Serve Honey Packs
- 25 Packets Sugar
- 12 AERO Chocolate Bars (Or Similar)
- 16 Single Serve Butter or Margarine Packs

Dough Mix:

- 1) In a plastic bag (or bowl, if available), crumble dry bread slices so there are no large pieces
- 2) Add 8 bananas, 5 oatmeal packs, 8 peanut butter packets, 4 honey packets, 15 packets of sugar and 8 butter packets to bread crumbs
- 3) Mix until texture is consistent
- 4) Divide 6 AERO bars into rough chunks (not too small as pockets of melted chocolate is our goal) and fold into dough mixture
- 5) Separate roughly one third of dough mix for top layer of cake

Filling:

- 1) In separate bowl or bag, mash up remaining bananas
- 2) Add remaining oatmeal pack, 2 peanut butter packets, 2 honey packets and 5 packs of sugar.
- 3) Mix until consistent
- 4) Break another 2 AERO bars into chunks and fold into mixture

SAFETY NOTE - Baking pans can be tough to source in jail, so heavily buttered paper is often used as a substitute. Risk of fire is evident; however, the reward is worth the gamble. For the sake of well-being, it is advised that those with access to baking pans use them.

Prep and Baking Instructions:

- 1) Butter paper (pan) with remaining butter, cover with larger portion of dough mix and form banked or raised edges
- 2) Spread filling mixture to cover all but the raised edges of the base
- 3) Chunk another 2 AERO bars and distribute evenly over filling
- 4) Cover with remaining dough and pinch edges into seal filling layer into cake
- 5) Drizzle remaining honey packs over top of cake and sprinkle remaining sugar packs over everything
- 6) If you have access to a 250F oven, bake for 30-45 minutes (or as long as required). If you don't have an oven, place in a cold area you can find until cake fully solidifies. If it's summer AND you have no oven, make something else next time.
- 7) Melt remaining AERO bars and drizzle over finished cake - This will give your cake jail stripes and make it even tastier!

ENJOY!



Image from Tripadvisor.com
Results may vary



"Leadership, Live, and Learn"

Banff Park Lodge, February 28th — March 2nd, 2018

NAME _____

POSITION _____

WORKPLACE _____

SPONSORING
ORGANIZATION _____

MAILING ADDRESS _____

CITY/TOWN _____ POSTAL CODE _____

PHONE _____ FAX _____

EMAIL ADDRESS _____

Conference Registration Fee: \$400.00 CAD per person
(For every 6 registrations from the same work site, the 7th is free)

Includes meals (except Thursday evening) and
ACEA Membership of \$30.00

Send completed registration forms and payment of cheque or money order
made payable to "Alberta Correctional Education Association" to:

Kris Reinhardt
West View School
12626 – 85 Street NW
Calgary, AB T3R 1J3

CONFERENCE CONTACT: *Kris Reinhardt*
Phone: (403) 662-3547 Fax: (403) 777-7629
Email: KLReinhardt@cbe.ab.ca



Accommodation:

Location: BANFF PARK LODGE

Phone: **1-800-661-9266**

Rate: \$141.00 (+ 11% tax) per night – Single OR Double Occupancy

➤ Mention **Group ID #28511** for this rate.

Note: Accommodation Deadline TBA

Alternative Accommodation:

Location: BOW VIEW LODGE

Phone: **1-800-661-1565**

Additional Meal Requirements:

Indicate any **ADDITIONAL** meals required by your guests:

Wednesday Banquet \$52.00 ea _____

Thursday Breakfast \$20.00 ea _____ Friday Breakfast \$20.00 ea _____

Thursday Lunch \$28.00 ea _____ Friday Lunch \$28.00 ea _____

Where Did You Learn About This Conference?

Previous Attendance ____ Website ____

Newsletter ____ Other ____

Name of Referrer _____