



On behalf of the ACEA Conference Committee, we would like to thank all of our Sponsors for their generous donations in support of our Association, Conference and work we do in the field of Correctional Education.

Thank you to the participants and speakers for attending and supporting the ACEA's 27th Annual Conference in Banff. We hope you have a meaningful experience and take away some valuable insights from the sessions. It is only with your continued support that this conference can take place.

Your ACEA executive will be working hard to put together another significant conference.



27TH ANNUAL  
ALBERTA CORRECTIONAL  
EDUCATION ASSOCIATION CONFERENCE

## Trauma, Violence and Rehabilitation

Banff Park Lodge  
March 6- 8, 2013

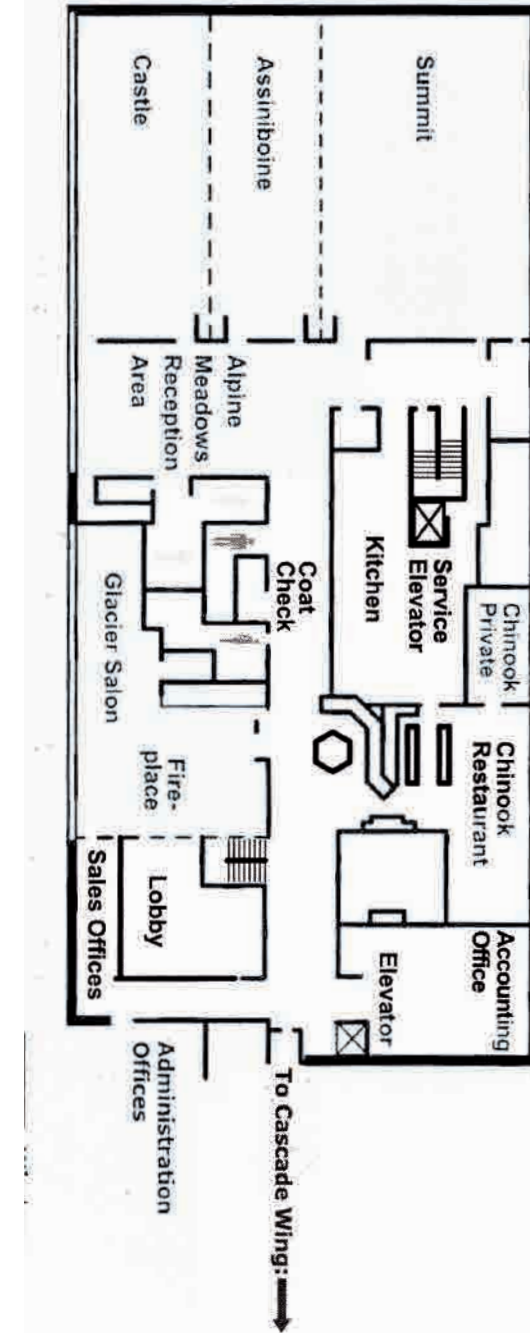
Snazzy Quote

## ACEA EXECUTIVE 2012 – 2013

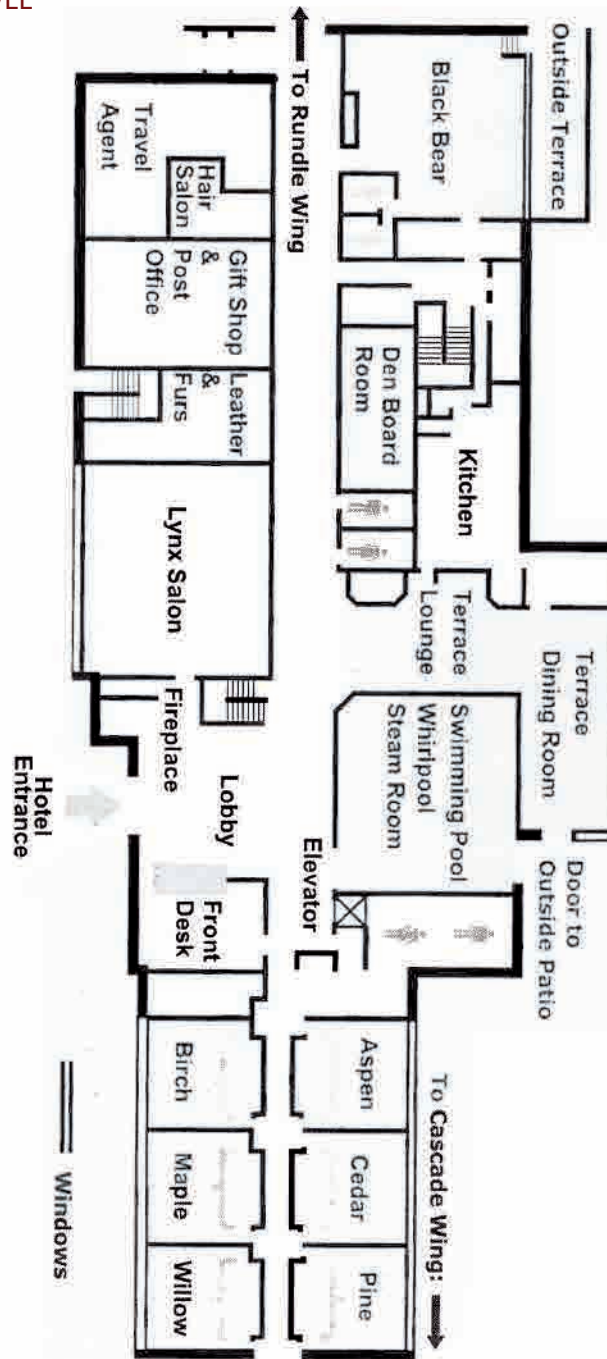
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## BANFF PARK LODGE

### MEZZANINE LEVEL



BANFF PARK LODGE  
MAIN LEVEL



SCHEDULE FOR 2013 ACEA CONFERENCE  
"TRAUMA, VIOLENCE AND REHABILITATION"

WEDNESDAY	4:00 – 6:00 pm	Registration
MARCH 6	5:30 – 6:15 pm	Cocktails
	6:15 – 7:00 pm	Welcome and Opening Address - Deputy Solicitor General and Deputy minister of Public Security, the Honourable Tim Grant Corrections Update - Deputy Director, Strategic Services Branch, Fiona Lavoy
	7:00 – 8:00 pm	Banquet – Summit Room
	8:30 - Midnight	Black Bear Room - Networking - Toonie Bar
THURSDAY	7:00 – 8:30 am	Breakfast – Glacier Salon
MARCH 7	8:45 – 10:15 am	Margot Van Sluytman & Glen Flett Sawbonna: Justice as Lived-Experience
	10:15 – 10:30 am	Break
	10:30 – 12:00 pm	Dr. Gabor Maté The Hungry Ghost: A Biospsychosocial Perspective on Addiction, from Heroin to Workaholism
	12:00 – 1:00 pm	Lunch – Glacier Salon
	1:00 – 2:30 pm	Dr. Gabor Maté The Hungry Ghost: A Biospsychosocial Perspective on Addiction, from Heroin to Workaholism
	2:45 – 3:45 pm	Peter John Nyarza Sudanese survivor
	Free Evening in Banff for Dinner	
	8:00 pm – 11:00 pm - Hospitality Room	
FRIDAY	7:00 – 8:15 am	Breakfast – Glacier Salon
MARCH 8	8:30 – 10:00 am	Roger Moore & June Parnham Inspiring Growth & Success
	10:00 – 10:15 am	Break
	10:15 – 11:15 am	Roger Moore & June Parnham Inspiring Growth & Success
	11:30 – 12:00 pm	Annual General Meeting
	12:00 pm	Lunch – Glacier Salon



with a python, packs of hyenas, lions and the physical challenges of nature. We were eventually rescued by a poacher and sent to a refugee camp. This provided me a little relief, but with the tangible connection to family lost; the experiences of what I had seen and the burden of taking the responsibility for my six younger siblings set another problems where life became a living hell. Thus began a daily struggle with PTSD, hallucinations and other elements that have never left me. But, this has also made me the person that I now am.

**Session Overview:**

How I freed myself from that Dark World of Isolation

**Friday, March 9, 10:15 am – 11:15 am**

**INSPIRING GROWTH AND SUCCESS**

**Roger Moore & June Parnham**



June Parham is a Registered Nurse who currently works in the Faculty of Health Studies at NorQuest College as an instructor with the Clinical Placement Team. As a nurse for 30 years, she worked in Maternal Child nursing in Alberta and in 12 states. June has taught RN and LPN students in classroom and clinical settings. Her present role includes educating preceptors and working with students to succeed in their clinical placements.

Roger Moore is a teacher/educator who has worked with children and adults including learners with learning and physical disabilities. He has instructed math, English, learning strategies, first aid, windsurfing, canoeing, wilderness survival and truck driving. As well, he has facilitated Instructional Skills workshops locally and for two summers in Belize. At present he is at NorQuest College, instructing Science and Employabilities for learners heading into the trades and recently received awards from the Society for Teaching and Learning in Higher Education and the NorQuest College Jaye Frederickson Award for Instruction



**Session Overview:**

This Open Space session allows practitioners from various institutions to come together and discuss issues they feel are important to their situations. Topics are uncovered by the participants and then discussed in self-selected groups. The goal of this workshop is to have practitioners reflect on their practice and share ideas with their colleagues. From the sharing, participants will have ideas to implement in their practice.

**CONFERENCE SESSION INFORMATION**

**Thursday March 7, 8:45 am – 10:15 am**

**SAWBONNA:  
JUSTICE AS LIVED-EXPERIENCE**

**Margot Van Sluytman & John Glendon “Glen” Flett**



Margot’s talks and writing workshops are contoured in her belief that Sawbonna shapes hope and healing not only for victim and offender, but for each of us. Her Master’s Thesis, Sawbonna: Justice as Lived-Experience, addresses this. She is recipient of The Queen Elizabeth the Second Graduate Scholarship and The Seeds of Joy Award from The National Association for Poetry Therapy. Her published books include Sawbonna: I See You and The Other Inmate, recently translated into French with funding from Correctional Services Canada. Margot has been interviewed by national media in Canada, US, and India, including, CBC, Maclean’s, Global Television, and The National Post

In trouble with the law since he was a child, Glen spent twenty-three years behind bars. He was sentenced to 21 years to life in 1980 for shooting to death a Hudson’s Bay store manager Theodore Van Sluytman during a Brink’s holdup in Toronto. After years of living a violent crime filled life, Glen became a Christian while he was at Kent Institution in 1982. The Lord then began to move in his life in a mighty way. Glen’s sentence was reduced by the Ontario Court of Appeal to 14 years to life. In 1987, he married his wife Sherry at William Head Institution. Paroled in 1992, Glen is the founder and co-facilitator of L.I.N.C. (Long-term Inmates Now in the Community). [www.lincsociety.bc.ca](http://www.lincsociety.bc.ca)



In 1996, Glen was awarded the University College of the Fraser Valley’s volunteer of the year award for another program he developed called Partners in Learning which pairs tutors from Ferndale Institution with at risk youth in alternative schools in Mission and Abbotsford. He believes strongly in the concept of restorative justice with its empowerment of victims and the ultimate goal of a safer community for all.

### Session Overview:

Margot Van Sluytman and Glen Flett will share their story of healing after violent crime. Glen killed Margot's Father, Theodore, in an armed robbery in Toronto in 1978. In 2007, after reading about her work as a poet and an expressive writing teacher, Glen contacted her. Their inspiring story is what you will hear from both of them.

Thursday March 7, 10:30AM - 12:00PM & 1:00PM - 2:30PM

### THE HUNGRY GHOST: A BIOSYCHOSOCIAL PERSPECTIVE ON ADDICTION, FROM HEROIN TO WORKAHOLISM

Dr. Gabor Maté



Gabor Maté is a bestselling and award-winning author of four books on a number of important topics for Canadians' health including addiction, attention deficit disorder, mind/body wellness and parental influence. He is a dynamic, effective and inspiring speaker who relates with vigour to both professional health and general wellness audiences. Dr. Maté is presently staff physician at a clinic in Vancouver's Downtown Eastside, where his patients are people with drug addictions, HIV and related problems

### Session Overview:

Based on the book *In the Realm of Hungry Ghosts: Close Encounters with Addiction*

For twelve years Dr. Maté was the staff physician at a clinic for drug-addicted people in Vancouver's Downtown Eastside, where he worked with patients challenged by hard-core drug addiction, mental illness and HIV, including at Vancouver Supervised Injection Site. In his most recent bestselling book *In The Realm of Hungry Ghosts*, he shows that their addictions do not represent a discrete set of medical disorders; rather, they merely reflect the extreme end of a continuum of addiction, mostly hidden, that runs throughout our society. In *The Realm of Hungry Ghosts* draws on cutting-edge science to illuminate where and how addictions originate and what they have in common.

Contrary to what is often claimed, the source of addictions is not to be found in genes, but in the early childhood environment where the neurobiology of the brain's reward pathways develops and the where the emotional patterns that lead to addiction are wired into the unconscious. Stress, both then and later in life, creates the predisposition for addictions, whether to drugs, alcohol, nicotine,

or to behavioural addictions such as shopping or sex. Helping the addicted individual requires that we appreciate the function of the addiction in his or her life. More than a disease, the addiction is a response to a distressing life history and life situation. Once we recognize the roots of addiction and the lack it strives (in vain) to fill, we can develop a compassionate approach toward the addict, one that stands the best chance of restoring him or her to wholeness and health.

### Topics covered:

1. What is the source of addictions?
2. What happens chemically and physiologically in the brains of people with substance dependency or behaviour addiction?
3. The false "blessings" of addiction as experienced by the addict (e.g., as emotional an aesthetic, as personality booster, as social lubricant, and so on);
4. The development of the addicted mind: how early childhood experiences shape the brain;
5. The social basis of addiction in economic, cultural and political dislocation and disempowerment;
6. How much choice does the addict really have, and how much responsibility?
7. Developing a therapeutic relationship in which healing is possible;
8. How to encourage the addict to take responsibility;
9. The prevention of addiction, both in adolescence and before.

Thursday March 7, 2:45PM - 3:45PM

### OH, MY LIFE!

Peter John Nyarza



This is the story of my life before coming to Canada. It will become evident as to what I, at the age of 19 encountered during the Sudan civil war - trauma that was physical, emotional and psychological. These events have made me who I am today.

In Sudan, I was brutally tortured for refusing to join the army. Prior to this, rebels had stormed my district and during the crossfire, I was shot. I managed to escape where I met with my family.

Soon after that, my parents and 18 year old sister were slaughtered in front of us (me and my six other siblings). Now under the rebels' custody, we were tortured and endured inhumane conditions. I was then forced to join the rebels where we experienced some relief in a "new" way of life. But the unrelenting pain and fear would not go away. These circumstances forced me and my six young siblings to run away to escape the physical abuse and injustices that occurred on a daily basis.

We ran, however, to an unknown place unprepared for the jungle of southern Sudan. We wandered for three months existing between life and death. Day to day living became unbearably hard and difficult. In the jungle, we encountered and had to deal