



On behalf of the ACEA Conference Committee, we would like to thank all of our Sponsors for their generous donations in support of our Association, Conference and work we do in the field of Correctional Education.

Thank you to the participants and speakers for attending and supporting the ACEA's 30th Annual Conference in Banff. We hope you have a meaningful experience and take away some valuable insights from the sessions. It is only with your continued support that this conference can take place.

Your ACEA executive will be working hard to put together another significant conference.

For further information about the ACEA, copies of the "Inside Education" newsletter or future conference plans, find us at:

www.acea86.ca



Alberta Correctional Education Association



30TH ANNUAL
ALBERTA CORRECTIONAL
EDUCATION ASSOCIATION CONFERENCE

Healthier Minds
Brighter Futures

Banff Park Lodge
March 2 - 4, 2016

You never change things by fighting the existing reality.
To change something, build a new model that makes
the existing model obsolete
R. Buckminster Fuller

ACEA EXECUTIVE 2015 – 2016

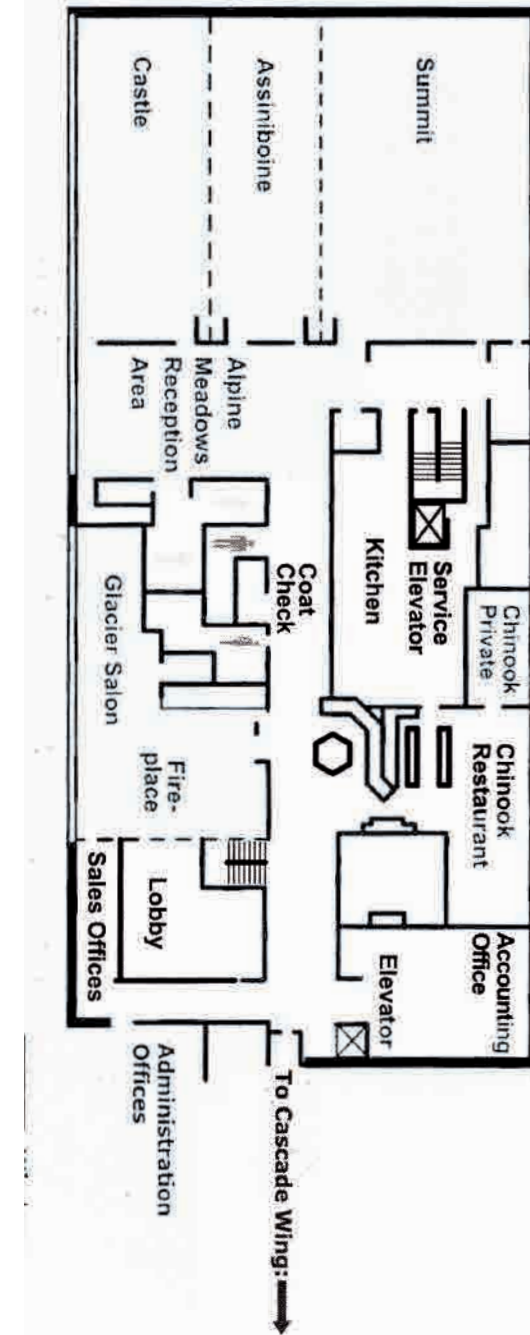
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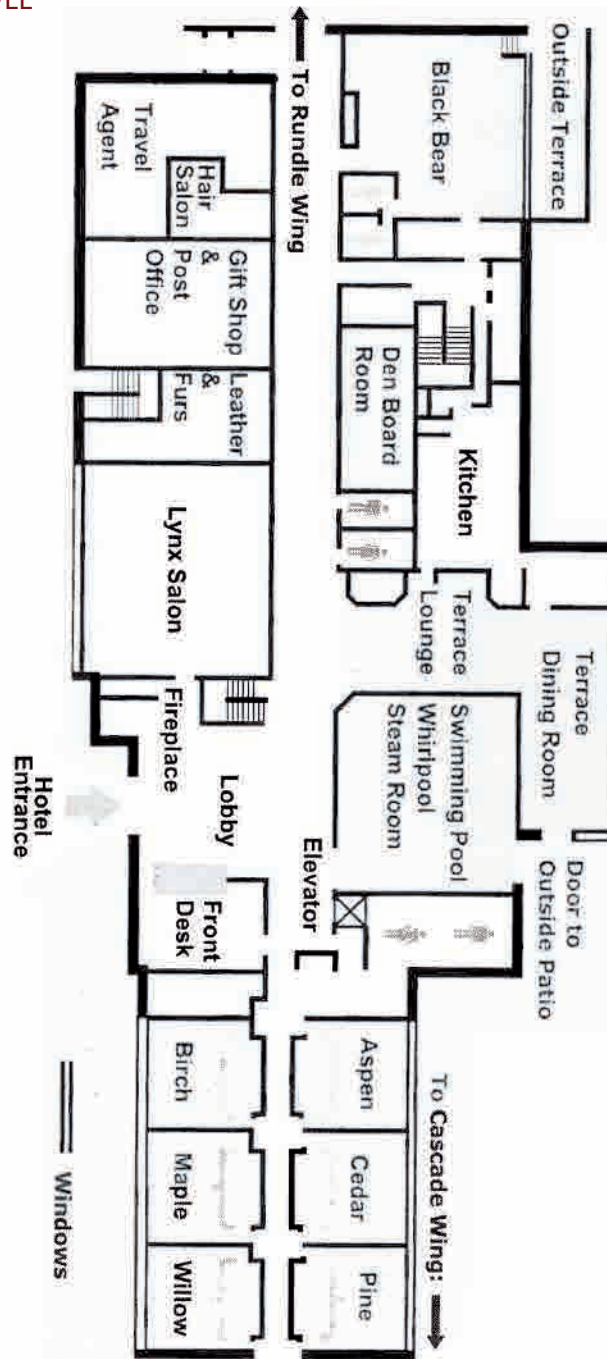
BANFF PARK LODGE

MEZZANINE LEVEL



BANFF PARK LODGE

MAIN LEVEL



SCHEDULE - 2016 ACEA CONFERENCE "HEALTHIER MINDS - BRIGHTER FUTURES"

WEDNESDAY MARCH 2	4:00 – 6:00 pm	Registration	
	5:30 – 6:15 pm	Cocktails	
	6:15 – 6:45 pm	Welcome and Opening Address Dance & Blessing - Adrian LaChance	
	6:45 – 8:00 pm	Banquet – Summit Room	
	8:00 - Midnight	Black Bear Room - Networking - Toonie Bar	
THURSDAY MARCH 3	7:00 – 8:30am	Breakfast – Glacier Salon	
	8:45 – 10:15 am	Daniel Gallant Would You Believe? Anger, Survival and Resilience	
	10:15– 10:30 am	Break	
	10:30 – 12:00 pm	Dr. Cynthia Baxter Understanding Personality Disorders in Correctional Settings	
	12:00 – 1:00 pm	Lunch – Glacier Salon	
	1:00 – 2:15 pm	Marni Panas Exploring the Myths & Realities of Transgender People	
	2:15 – 2:30 pm	Break	
	2:30 – 4:00 pm	Rob Cardinal The Eagle Feather - My Personal Journey	
	Free Evening in Banff for Dinner		
	FRIDAY MARCH 4	7:00 – 8:30 am	Breakfast – Glacier Salon
8:45 – 10:15 am		Stacey Bourque & Shane Hoiland Fentanyl - Overdose Prevention, Recognition & Response	
10:15– 10:30 am		Break	
10:30 – 11:30 am		Adrian LaChance Cultural Awareness	
11:30 – 12:00 pm		AGM	
12:00 pm		Lunch	

We, the ACEA board members and conference presenters, respectfully request that you arrive and find your seats before each session begins. This will allow a better, interruption-free experience for us all.

PRESIDENT'S REMARKS

"The greatest power that a person possesses is the power to choose"

J. Martin Kohe

Welcome Colleagues, Friends and Guests.

As the President of the Alberta Correctional Education Association, I am honored and pleased to welcome you to Banff for our 30th conference "Healthier Minds, Brighter Futures" I look forward to hearing from some significant and dynamic speakers that I hope will inspire and engage you.



There is no debate that correctional education works. There is certainly a correlation between recidivism rates and the education and programming opportunities that those in incarcerated receive. Those who actively pursue and participate in programs have substantially lower rates of re-arrest, reconviction and re-incarceration. Correctional education provides the skills and knowledge essential to their futures. A sense of responsibility and confidence.

A career with offender populations has never been highly attractive. More so now with budget restrictions, overcrowding, addiction issues, medical and mental health concerns, security threat groups and the ongoing concern of narcotics and weapons being introduced into our daily work lives.

I am certain you will find the next few days highly enlightening, productive and informative. I am certain that our speakers will energize discussions on the timely issues that impact our day to day lives. I encourage you all to go back to your respective organizations and share what you have learned from our discussions.

Once again it is an election year for the ACEA board. You have the opportunity to not only have your name nominated, but you can also vote for the Executive committee, Regional Representatives and/or the Newsletter Editor. If you wish to see more details on the positions and duties, please feel free to review our constitution on our website www.acea86.ca or email me at jamie.barrow@gov.ab.ca

Sincerely,
Jamie Barrow
ACEA President

NOTES



It's amazing how a little tomorrow
can make up for a whole lot of yesterday.
John Guare

Shane Hoiland graduated from the Lethbridge College in 1993 with a diploma in Criminal Justice and completed his Solicitor General Professional Certification from Simon Fraser University 2 years later. He has been working for the Alberta Government in the field of justice for the past 22 years. From 1994-2004 he worked in the capacity of a Case Worker (CSW II) at the Lethbridge Young Offender Centre. In 2005 Shane requested a leave of absence to work as constable with the Lethbridge Regional Police Service. In 2006 there was a newly formed Corrections Services Intelligence unit with the Solicitor General. This prompted his returned to Corrections in the capacity of Security Intelligence Officer (SIO) at Lethbridge Correctional Centre. After working in a very interesting and rewarding role as the SIO for six years, he was promoted to Deputy Director of Operations at the Lethbridge Correctional Centre.



Session Overview:

Stacey and Shane’s presentation focuses on Fentanyl and other opiates, depressants and stimulants. They will discuss the purpose and processes behind the harm reduction based programs being put in place to address Alberta’s ongoing Fentanyl crisis and how it’s being handled in the provinces institutions. This presentation will focus on overdose prevention, recognition and response and will include an overview of the take home Naloxone program.

Friday, March 6, 10:15am – 11:30am

CULTURAL AWARENESS & HEALING

Adrian LaChance



Adrian LaChance is a Plains Cree from James Smith Cree Nation in Saskatchewan and has been a helper for 20 years in regards to cultural awareness & healing through song & dance. Mr. LaChance has traveled throughout the world sharing the traditional teachings of the elders to bring people together in a good, meaningful way.

Session Overview:

Adrian will explore how the traditional teachings of elders can lead to greater cultural awareness, healing and recovery. The importance that song and dance play in the healing process will also be highlighted.

CONFERENCE SESSION INFORMATION

Thursday March 3, 8:45 am – 10:15 am

WOULD YOU BELIEVE? ANGER, SURVIVAL & RESILIENCE:

Daniel Gallant

Daniel Gallant is a writer, born from peace - The Peace River district. Home is nowhere and everywhere. He holds a masters in social work and a currently a regretful student at law. His achievements include surviving homelessness from age 12 onward. He survived physical and sexual abuses, survived the lower east side of Vancouver (aka hell), survived his own violence, and survived as a witness on a bombing trial, but he never escapes the reality of the wreckage left behind for others and himself. Daniel has contributed a wealth of pro—bono services (without tax benefits) to corporations, think tanks, governments, non-profits, national security teams, public schools, colleges/universities and communities. Daniel, somehow, is able to do all of this with an annual income under \$10,000. Most recent are his contributions to Extreme Dialogue, a violent extremist prevention initiative, and his invitation to participate in talks at UNESCO headquarters in Paris. Daniel’s resilience persists...so far.



Session Overview:

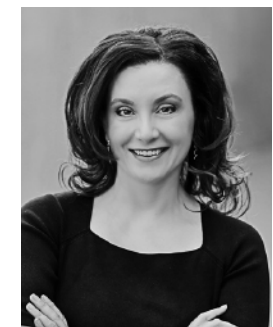
Daniel will share his personal story of survival, recovery and resilience. He will speak on his experiences and offer tips on how to work with and help people who share similar backgrounds to his own.

Thursday March 3, 10:30am - 12:00pm

UNDERSTANDING PERSONALITY DISORDERS IN CORRECTIONAL SETTINGS

Dr. Cynthia Baxter

Dr. Cynthia Baxter is a well-known forensic psychiatrist and award-winning teacher. She completed her Medical Degree (with Distinction) in 1999 at the University of Alberta and then her Psychiatry Residency and Forensic Training at the University of Calgary. She is board certified in both Canada and the United States. She has been assessing and managing violent offenders and sex offenders for the criminal justice system, law enforcement, and the health care system since 2002. She has served as an expert witness in court around issues of violence, mental health, risk assessment, personality disorders,



and psychiatry (both forensic psychiatry and general psychiatry). Dr. Baxter has been the recipient of numerous awards for teaching medical students, other physicians, and a variety of other professionals.

Session Overview:

This talk will help you understand what a personality disorder is and what some of the underlying issues are when dealing with challenging and difficult individuals. The personality disorders more commonly seen in correctional settings will be highlighted, such as antisocial personality, borderline personality, and narcissistic personality. Typical underlying beliefs and coping skills for different personality disorders will be reviewed. Tips will be provided to help with each personality type discussed.

Thursday March 3, 1:00pm - 2:15pm

EXPLORING THE MYTHS & REALITIES OF TRANSGENDER PEOPLE

Marni Panas

Marni Panas is married to a wonderful woman, Laurina. Together, Marni & Laurina are proud parents to two special boys. Marni is an Engagement & Patient Experience professional with Alberta Health Services and has dedicated her career to the improvement of experiences for patients their families and staff. She has recently received her Bachelor's degree in Health Administration and is currently working towards her graduate degree.



Marni is a transgender woman who has completed her transition socially and professionally on April 8th, 2014. She has been very transparent throughout her journey in the hopes of fostering acceptance through education and respectful dialogue.

As an engaged member of her community, she received the Human Rights award from the John Humphrey Centre for Peace and Human Rights, has recently been nominated as an Edmonton YWCA Woman of Distinction and named a Camrose Composite High School Alumna of Distinction for her commitment to creating a community where diversity is not only accepted, but celebrated. A community that is safe for others to be their authentic selves.

Session Overview:

- Understand the lived and learned realities of sexual and gender minority people
- Explore and engage with LGBTQ* terminology
- Break down the myths & misunderstandings about transgender people
- Get up to date on the laws and rights of transgender and gender diverse people
- Skills in creating a safe environment for transgender and gender diverse people

- Identify our professional responsibility to creating inclusive and safe environments for transgender and gender diverse people
- Identify useful community and professional resources

Thursday March 5, 2:30pm - 4:00pm

THE EAGLE FEATHER - MY PERSONAL JOURNEY

Rob Cardinal



Rob Cardinal is a Research Associate in planetary science at the University of Calgary. He is dedicated to helping First Nations students achieve their own success, and has recently teamed up with various Non-Profit groups in Calgary to promote a Stay In School Initiative to help Aboriginal youth finish high school and get into post-secondary education. Rob is currently founding the First Light Initiative, which will install telescopes in First Nations communities as educational instruments to invigorate Aboriginal youth to succeed.

Session Overview:

Rob's talk offers a recount of his adoption and upbringing, his turbulent and nearly deadly adolescence, and how he was able to overcome the ravages of shame, anger, depression and substance abuse to become a successful astronomer working for the Canadian Space Agency funded space telescope mission. His talk includes a discussion of the inter-generational trauma that has devastated generations of Aboriginal people and how he learned to overcome it on his path from being a high school dropout to living on the streets of Edmonton to eventually finding his way back to learning and graduating from the Physics and Astronomy program at the University of Victoria.

Friday March 6, 8:30am - 10:00am

FENTANYL - OVERDOSE PREVENTION, RECOGNITION & RESPONSE

Stacey Bourque & Shane Hoiland



Stacey Bourque is the Executive Director of ARCHES (formerly Lethbridge HIV Connection), the Co-Chair of the Community Harm Reduction Network and the Chair of the Alberta Community Council on HIV. She holds a Master of Education (Counselling Psychology) with a focus in Addictions and Mental Health and a Bachelor of Health Sciences in Addictions Counselling. Stacey sees her role as one of ally, creating, implementing and

evaluating programs designed from a harm reduction approach to work towards safer substance use practices, sexual health, illness prevention, and stigma reduction. She feels programs are most effective when they are both creative and engaging. Her goal is to empower individuals and communities to define solutions from a 'strengths based' approach.