



**Johnny Cash once said;** *"You build on failure. You use it as a stepping stone. Close the door on the past. You don't try to forget the mistakes, but you don't dwell on it. You don't let it have any of your energy, or any of your time, or any of your space."*

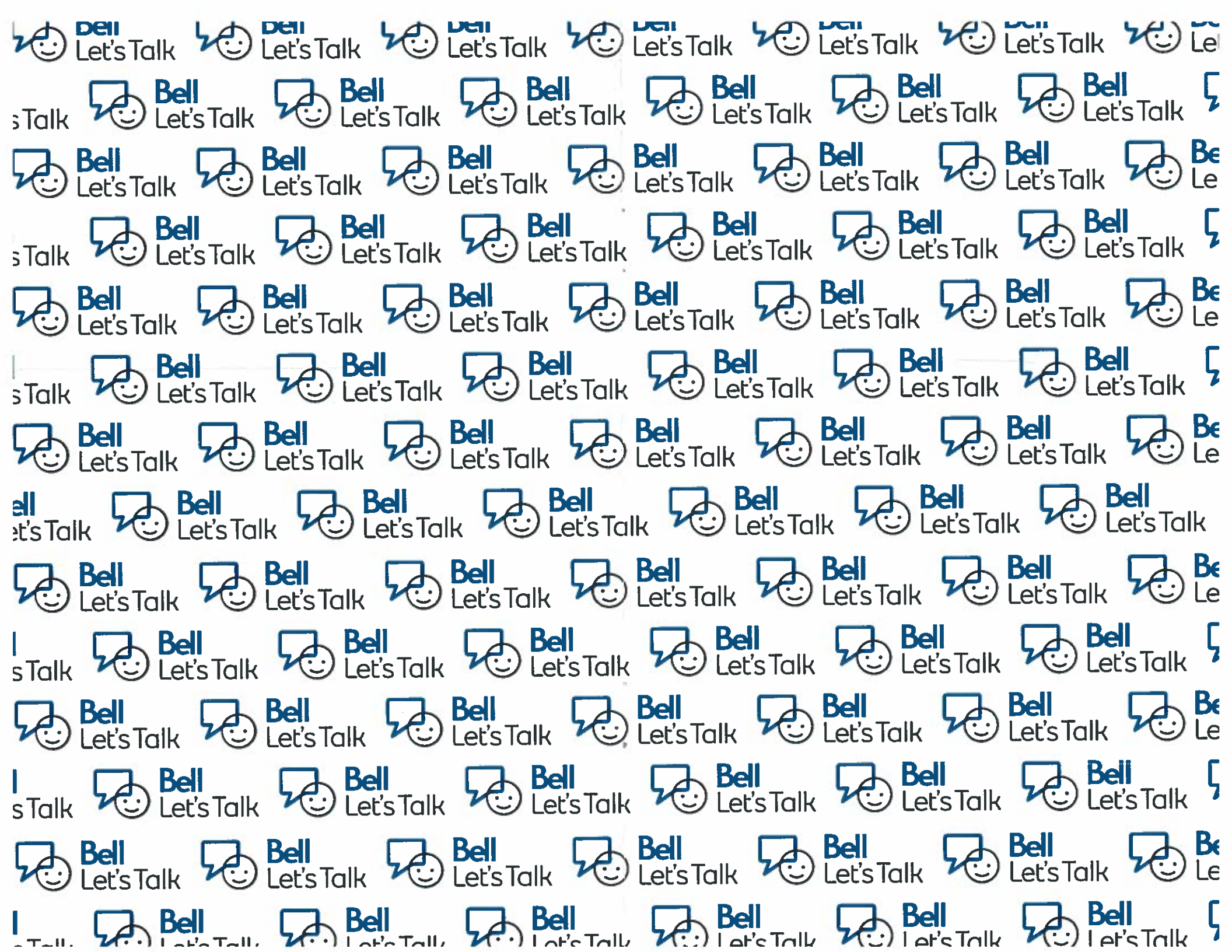


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# ***Energizing Education***

Alberta Correctional Education Association  
Conference 2019





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## President's Address

Welcome Colleagues and Friends, I am very honoured, humbled, and excited in my new role as President of the Alberta Correctional Education Association President. I am proud to say I have been a part of this amazing group for many years now. The ACEA 2019 conference, Energizing Education, will focus on introducing and discussing innovative and energetic skills that we, as front-line staff, will be able to implement in our everyday interactions with students. Our job is to educate, to teach, and to support our students whether it be with their health, life skills, or their academics. In this unique environment, we collectively develop strategies to help every individual learn, no matter their personal circumstance.

Without a positive attitude towards our programs, our students fall victim to old habits, and become their own demotivators. The goal of this year's theme will help facilitators maintain a positive and energized outlook on education in this demanding yet rewarding environment. We believe that with renewed motivation, we continue to inspire; with professional development, we provide uplifting support; and with education, we can disrupt current beliefs and reduce recidivism.

If I had to pick a single word to describe our aspirations for this conference, it would be Energy. An education system that energizes teachers, learners, and everyone within or whomever comes into contact with it. We are pleased to announce that we have gathered a diverse and dynamic group of speakers who will share their thoughts and personal stories that I hope will inspire you. I look forward to seeing you at our conference. If you have any questions, suggestions or general feedback, please feel free to email me at [Krystine.Hinz@norquest.ca](mailto:Krystine.Hinz@norquest.ca).

**Krystine Hinz**  
President

## Energizing Education

Alberta Correctional Education Association Conference 2019

## Schedule

### Wednesday, February 27, 2019

- 4:00 PM – 6:00 PM **Registration**
- 5:30 PM – 6:15 PM **Cocktails & Meet-and-Greet**
- 6:15 PM – 6:45 PM **Opening Remarks**
- 6:45 PM – 8:00 PM **Dinner**
- 8:30 pm – Midnight **Social Evening** (Black Bear Room)

### Thursday, February 28, 2019

- 7:00 AM – 8:30 AM **Breakfast** (Glacier Salon)
- 8:30 AM – 10:00 AM **Natalie Harris**  
Post Traumatic Growth & Recovery:  
A Paramedic's View
- 10:00 AM – 10:15 AM **Break**
- 10:15 AM – 11:45 AM **Colleen Kawalilak**  
Honouring the Teacher and Learner Within
- 12 PM – 1:00 PM **Lunch** (Glacier Salon)
- 1:00 PM – 2:00 PM **Anthony You**  
21st Century Correctional Education
- 2:00 PM – 2:45 PM **Joy Sinclair**  
The Gladue Report as a  
Reconciliation Protocol
- 2:45 PM – 3:00 PM **Break**
- 3:00 PM – 4:30 PM **Carolee Turner**  
Everything You Wanted to Ask but were  
Afraid to Because You Thought You  
Would Look Racist - Lessons Learned  
from Working with At-Risk Youth
- 4:30 PM **Free evening in Banff**

## Energizing Education

Alberta Correctional Education Association Conference 2019

## Speakers



### Dr. Lauren Zanussi

#### Becoming Better Teachers: Principles on How to Create Great Education for Adult Learners

Dr. Lauren Zanussi has lived in Calgary almost all of his life. He is a graduate of the University of Calgary and has degrees in Biochemistry and Medicine. He went on to be trained in Psychiatry and is a Fellow of the Royal College of Physicians and Surgeons of Canada.

He is an assistant professor at the University of Calgary where he has run the undergraduate course in psychiatry and medical skills. He has special expertise in communication skills training and is a consultant to other departments to help train their residents as communicators. He has a special interest in the use of technology to augment learning and has been helpful in driving the modernization of medical education at the University of Calgary. He is the twice the recipient of the Allan R. Jones award for innovation in education and twice the recipient of the Michael Tarrant Award for Mentorship in education. He has over two dozen awards for his lecturing at the medical school.

As a Psychiatrist, he has received training in psychiatric complications of medical conditions. He practices in Calgary at the Foothills Hospital. He has an inpatient and outpatient practice, a large portion of which is taken up by people with sleep disorders, liver disease and transplants. He has worked closely with the Canadian Mental Health Commission and the University of Calgary in reducing stigma of mental health in the public and amongst medical practitioners. He is the Acting Medical Director of Psychiatric ER services and is the Site Chief at the Foothills Hospital.

## Speakers



### **Carolee Turner**

**Everything You Ever Wanted to Ask but Were Afraid to Because You Thought You Would Look Racist - Lessons Learned from Working with At-Risk Youth**

Participants will be exposed to the work of the Real Me Program, a gang intervention program for 1st and 2nd generation immigrant youth, between the ages of 12-24 years of age, where there is a concern about the youth becoming involved in criminal and or gang activity.

Carolee will provide an overview of a presentation given to a local school where staff asked for assistance in working with their South Sudanese youth and families. The key focus will be what the youth have shared in terms of their experiences with school; what they wished teachers had asked and did not; challenges in the classroom; perceptions of education for youth and families; and finally, how professionals can ask questions that are culturally responsive that enhances and supports life long learning instead of suppressing it.



### **Anthony You**

**21st Century Correctional Education**

From a background in Technology in Education and Educational Psychology, Anthony will explore theories in Constructionism and Computational Thinking (CT) in ways that will practically evolve correctional classrooms in innovative ways. CT provides a foundation for learners to be more effective in new growing industries and is applicable in many ways outside of computing science. Using CT as a way of defining digital literacy, Anthony will demonstrate how the process involved with CT and coding influences recidivism, learning, and change.

## Schedule

### **Friday, March 1, 2019**

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|---------------------|---|
| 7:00 AM – 8:30 AM   | <b>Breakfast</b> (Glacier Salon)  |
| 8:30 AM – 9:30 AM   | <b>Dr. Cindy Baxter &amp; Dr. Kate Hamilton</b><br>Rocky Mountain Program   |
| 9:30 AM – 9:45 AM   | <b>Break</b>  |
| 9:45 AM – 10:45 AM  | <b>Dr. Lauren Zanussi</b><br>Become better teachers:<br>Principles on how to create<br>great education for adult learners |
| 10:45 AM – 11:00 AM | <b>Break</b>  |
| 11:00 AM – 12:00 AM | <b>Dr. Wanda Polzin</b><br>Trauma-Informed Practice: Why and How  |
| 12:00 PM – 12:15 PM | <b>Annual General Meeting</b>   |
| 1 PM                | <b>Conference End</b>   |

## Speakers



**Natalie Harris**



### Post Traumatic Growth and Recovery: A Paramedic's View

Natalie will take you on a journey through her recovery from PTSD, addiction, depression and anxiety. As an advanced Care Paramedic, she attended a double-murder call that was part of a satanic ritual where the murderer became her patient. Two years went by and her health spiraled out of control and on the day when she had to testify at the murder trial, she overdosed and became a patient to her colleagues. While being treated at rehabilitation hospitals, Natalie documented her recovery journey on her blog, [paramedicnatsmentlahealthjourney.com](http://paramedicnatsmentlahealthjourney.com), which attracted the attention of 6-time Canadian Olympian, and mental health ambassador, Clara Hughes. Clara re-tweeted Natalie's blog which subsequently became a book called, *Save-My-Life School: A first responders mental health journey*, and has been listed at #2 on Amazon's Hot New Releases. Recovery is possible; Natalie will explain how.



**Dr. Kate Hamilton & Dr. Cynthia Baxter**

### The Rocky Mountain Program: The New Provincial Sex Offender Program



Dr. Hamilton (clinical lead) and Dr. Baxter (medical lead) will describe what modern sex offender treatment looks like and the development of the new innovative Alberta in-custody program. With the closure of the Phoenix Program in Edmonton, there was an exciting opportunity to build a new provincial program from the ground up and one that would work within a correctional setting. While many saw barriers and challenges, the Rocky Mountain program has become inspirational, exciting, and surprising to both staff and program participants.

## Speakers



**Collen Kawalilak**

### Honouring the 'Teacher' and 'Learner' Within

Energizing Education is a deep and broad topic that spans all who educate, learn, and work within any given context. Recognizing that we are all lifelong adult learners and that we contribute to the learning of others in many ways formal, informal, and incidental, regardless of our roles and responsibilities, how do we align our philosophy of education and learning to our work practice in ways that contribute to our own learning and well-being and to the learning and well-being of others? In this session, participants will explore their own philosophy of teaching and learning and discuss opportunities and challenges of taking up this work in correctional education.



**Dr. Wanda Polzin**

### Trauma-Informed Practice: Why and How

This presentation will highlight the importance of Trauma-Informed Care (TIC), reviewing the key principles as well as the various strategies towards implementation. Discussion regarding why trauma-informed practices are valuable both personally and professionally will occur, along with identifying effective strategies and "take-aways".



**Joy Sinclair**

### The Gladue Report as a Reconciliation Tool

A forty-five (45) minute presentation of The Gladue Report as a Reconciliation Protocol. Overview: History of the Gladue Report Outline of Gladue Factors Provincial and Territorial Gladue Report Use Alberta Specific Gladue Landscape Correlation of Offender Gladue Factors and Justice Involvement History Necessary Successes: Trauma, Abuse and Healing Family and Community Supports Gladue Reconciliation Centre