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ALBERTA CORRECTIONAL EDUCATION ASSOCIATION

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virtual event

## FEB 24 & 25

THURSDAY 9:00AM - 4:00PM & FRIDAY 8:30AM - 12:00PM

Conference Program

# 2022 Conference Speakers

#### Keynote Speaker:



### Building a Trauma-Responsive Educational Practice: Entering the Work with Joy

The topic of trauma and education (broadly) has become more and more urgent as colleges attempt to deal with an ongoing pandemic and the repercussions of systemic and intergenerational oppression and harm. Specifically, the impacts of trauma and incarceration on learning are coming into sharp relief as we examine the particular role of trauma in the school-to-prison pipeline and in carceral classrooms.

Despite its urgency, discussions of "working with trauma" have been almost exclusively framed through the lens of healthcare, most notably mental health. While this perspective is crucial in many regards, it is unclear that expecting such an



approach in educational settings is reasonable or helpful. In carceral spaces, expecting a "trauma informed" approach (from nonmental health professionals) is even more questionable, with the potential to inflict additional harm. Without a deeper

understanding of the impacts of trauma on the brain and body, and recommendations on how best to counter those impacts, faculty, staff, and administrators may unknowingly be continuing cycles of suffering for both themselves and others.

In this session, I will present an overview of the impacts of trauma on adult learning, introduce alternative Points of Entry into this work, and close with a discussion of bringing joy back into learning and teaching as a counter to the impacts of trauma for

students and teachers.

### Bio:

Em is a master educator and author of "Building a Trauma-Responsive Educational Practice: Lessons from a Corrections Classroom." They have an extensive background in adult education that includes alternative high schools, prisons, free college campuses, private and non-profit organizations, government institutions, and community agencies. They focus on countering the impacts of trauma on learning, expanding the definition of 'trauma work', while guiding people to connect the Trauma Responsive Framework to their own practice. Daniels emphasizes addressing individual and systemic trauma as crucial to create and sustain a just and compassionate world.

Find the book: bit.ly/traumaresponsiveed, find Em @joyseedconsult (Twitter) | joyseedconsulting.com

## KAREN COOK-NEWBURY & CAMILLE BULTENA

### The Little Prison Library that Could

All libraries have the ability to transform lives, and nowhere is this truer than libraries behind bars. Using the International Federation of Library Associations and Institutions (IFLA) recommendations and UNESCO prison Library guidelines as a framework, this presentation will explore the reasons for and the challenges of building and maintaining libraries within correctional institutions. The presentation will look at the efforts and complexities of a local prison library as it works to realize its potential. **Karen Cook-Newbury** holds a Master of Education and has been a full-time faculty member with NorQuest College's Correctional Education department for the last seven years. She is an academic upgrading instructor and literacy/library coordinator at correctional centres in the Edmonton area.

**Camille Bultena** holds of Bachelor of Arts in English from Concordia University of Edmonton and is currently working on her MLIS at the University of Alberta. She works as a Library Assistant with NorQuest College and as part of that role has collaborated on the Correctional Education Library Services project.

## KIMBERLEY

### Mental Health and Healthy Coping – Supporting the Mental Health of Inmates

Understanding the mental health continuum is foundational in supporting the wellness of inmates. This interactive session will break down common misconceptions surrounding mental health and mental illness, while promoting overall mental health literacy.

Participants will gain a comprehensive introduction to stigma and the common warning signs for mental health concerns, while learning tangible strategies to cope with stress and other mental health challenges in positive ways. **Kimberley** has an educational background in psychology with an emphasis on crisis and trauma. She has worked in a variety of settings from law enforcement and National Defense to working with youth with severe, persistent mental illness. 16 years ago she joined the Canadian Mental Health Association - Calgary Region Mental Health prevention and promotion team as an education specialist.

### GAGAN SANDHU

### FASD 101

The Calgary Fetal Alcohol Network (CFAN) serves as one of the 12 regionally-based civil society Fetal Alcohol Spectrum Disorder (FASD) Networks, which have become the cornerstone for the delivery of FASD awareness, prevention, assessment, and diagnosis and supports for individuals with FASD, their families, and caregivers. The presentation will include general information about FASD, how it presents in the justice system, as well as skills and best practices for practitioners working with people who are diagnosed.

**Gagandeep** is a Biological Sciences Graduate from the University of Calgary. She has worked in Mental Health and Substance Use support in Vancouver, prior to relocating to Calgary and taking on the position of Education Facilitator with the Calgary Fetal Alcohol Network.

## KIRK MOCKFORD & APRIL KLUH

#### Work Integrated Learning as a Transition from Correctional Education

As correctional educators, we work tirelessly to prepare our students for success as they return to their communities. We hope that the skills, knowledge, and credentials they acquire during their time with us will carry over, so that they never find their way back into our classrooms. However, there is currently a lack of transitional reintegration programming offered here in Alberta. The support students receive often comes to an abrupt end, along with their sentence.

In response to the research suggesting that increasing overall employability reduces recidivism, a pilot program has been developed by NorQuest College. The Career Transitions Program offers both career development workshops and 1-1 career coaching, which is ongoing after release. This program presents viable pathways for formerly incarcerated individuals to successfully reintegrate as productive members of society.

This presentation outlines how the Print and Design and Career Transitions programs are working in collaboration to break down barriers, and open up vocational opportunities, for students beyond the walls of the institution. We will examine how workintegrated learning experiences are being embedded within the Print and Design course offered at Fort Saskatchewan Correctional Centre, to legitimize and increase the marketability of student skill development through written evaluations and micro-credentials. With this, coupled with transitional career coaching, we aim to reduce recidivism by increasing overall employability.

We will also explore some scenarios for developing an ideal transitional program to support students post-release. In particular, we envision a unique print shop based work-integrated learning experience within the Edmonton community. This program would incorporate several other NorQuest programs and community partnerships to deliver services that offer the wrap-around support statistically proven to facilitate successful, long-term reintegration. Feedback and idea generation will be encouraged by presentation attendees.

**April** has been a career coach with Work-Integrated Learning and Career Education at NorQuest College for several years, with an expertise in supporting foundational learners overcome barriers to employment. Prior to joining NorQuest, she was an originator of a grassroots employment program at Boyle Street Community Services. Serving those traditionally marginalized and underserved has long been her passion. Thus, April eagerly jumped the opportunity to develop an employability-based reintegration program for the Edmonton Remand Centre and Fort Saskatchewan Correctional Centre. The Career Transitions Program now acts as a bridge between Correctional Education and a brighter future outside institutional walls.

**Kirk** has been working in corrections for close to 20 years, and has been the instructor for the Print and Design program at Fort Saskatchewan Correctional Centre since 1997. With a background in advertising, he has been instrumental to the ongoing success and evolution of the print shop. With the goal of becoming more economically sustainable, the unique courses he has developed not only support the individual growth and overall employability of students. They are also enterprising in their approach. It is Kirk's dream that the program expand to serve more students through the reintegration process.

## FIONA LAVOY

### Correctional Services Division: Our People and Purpose

The Correctional Services Division is undergoing changes to further the vision and values of our organization. The division is comprised of four branches: Custody Operations, Community Corrections, Correctional Planning and Innovation, Correctional Programs and Services, and with the Public Security Division, has joint responsibility for the Training Academy. In addition to the

responsibility of adult individuals in custody on remand status, or sentenced to less than two years, the division has responsibility for individuals who are under supervision in the community under provincial correctional jurisdiction, and the supervision of all youth in the province.

An overview of the division, recent trends and impacts related to the current pandemic, structural changes within the division, new initiatives underway, and the focus moving forward, will be provided as well as an opportunity for questions and answers. **Fiona Lavoy** is the Assistant Deputy Minister for the Correctional Services Division. With over 25 years experience in government, Fiona started her career as a correctional services worker and has held a number of key portfolios that have included legislative reform, strategic policy and planning. She is passionate about the work of the division and the important role that corrections plays in the justice continuum.

### TRENT GILLESPIE & CHRISTINA WHITE PROSSER

### Adapting to Changes: Creating Possibilities for Students

The adaptive changes in the classroom and the Correctional institution have increased 10-fold over the last few years. Responding to increased complex learning situations in an already complex environment has required instructors to reflect on and create appropriate learning opportunities for inmates. We will explore the adaptations of several integral areas to ensure learning including: cohort groups design to ensure student safety; modification of curriculum to address adult learning needs and relatable content; and adapting learning to provide ideal learning environment for students with learning disabilities.

**Dr. Christina White Prosser** is a senior continuing education specialist, experienced educator, and proven leader in educational administration. Her professional experience includes various non-profit and public sectors, and over 23 years in postsecondary education as an adult learning instructor and an educational leader. She is engaged in researching the impacts and effects of transformational learning and self-perception in adults as they adapt to and adopt change later in life.

**Trent Gillespie** is a Correctional Educator with Correctional Service Canada (CSC) at Saskatchewan Penitentiary Maximum Security Unit (SPMSU). He teaches Adult Education at all levels (ABE I-IV), splitting his teaching time with the Gang Ranges and the Structured Intervention Unit (SIU). He has been a Correctional Educator with CSC since 2011, teaching at all security levels, but finds his passion and groove by teaching at the Maximum Security level. He specializes in Transcript Conversions, Education planning, and adapting course and curriculum to fit the demands of the learner and their incarcerated situation.



# 2022 "OUTSIDE THE LINES"

#### **Conference Itinerary**

### THURSDAY, FEB. 24

9:00-9:10 am	<b>Opening Remarks</b> Nicole Patrie – President of ACEA
9:10-10:10 am	The Little Prison Library that Could Karen Cook-Newbury & Camille Bultena
10:10 – 10:30 am	Break
10:30 – 1130 am	FASD 101 Gagan Sandhu
11:30 - 12:30 pm	Lunch & Game
12:30 - 1:30 pm	Work Integrated Learning as a Transition from Correctional Education Kirk Mockford & April Kluh
1:30 - 1:45 pm	Break
1:45 - 2:45 pm	Correctional Services Division: Our People and Purpose Fiona Lavoy
2:45 - 3:00 pm	Break
3:00 - 4:00 pm	Adapting to Changes: Creating Possibilities for Students Trent Gillespie & Christina White Prosser

	FRIDAY, FEB. 25
8:30 – 9:30 am	Mental Health and Healthy Coping: Supporting the Mental Health of Inmates Kimberley, CMHA Calgary
9:30 - 9:45 am	Break
09:45– 11:00 am	Building a Trauma-Responsive Educational Practice: Entering the Work with Joy Em Daniels
11:00 – 11:05 am	Break
11:05 - 12:00 pm	ACEA Annual General Meeting All Participants in the conference are welcome to attend, door prizes to follow.

Thank you for joining us for our virtual conference. We hope to see you next year in person in Banff!

Sincerely, Your ACEA Board